



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL

Addis Ababa, Transfer Project Workshop

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### Resilience

- Across definitions, two key components
  - the occurrence of an adverse situation
  - positive adaptation in response to this situation
- Vulnerability conditions that prevent people from managing adverse events
- Importance of context family, community, culture – as a determinant of individual resilience (Ungar 2008)

### Photovoice

- Participatory, visual method
- Participants take photographs in response to guiding questions based on study goals
- Critical dialogue of photos through focus group discussions
- Recommendations for programs and policy



## Study aims

Explore local understanding and experiences of resilience and vulnerability

Pilot the use of the Photovoice methodology with youth and caregivers



## Study design

- 2 photo assignments
  - Daily stressors
  - Shocks
- 3 focus groups discussions
  - Study overview and instructions
  - Discussion of daily stressors
  - Discussion of shocks



### Facilitating discussions

- **S** What do you **S**ee in the photo?
- **H** What is really **H**appening here?
- O How does this relate to Our lives?
- WE Why does this **shock or stressor** Exist?
- **D** What *did you* **D**o about this?





## SETTING THE SCENE

## **Participants**

11 dyads in 2 communities

-Caregivers: Ages 35-60

-Youth: Ages 15-18

Selected on: age; gender; education





# NEAR MARKETS/ SERVICES





# FAR FROM MARKETS/ SERVICES





## PHOTOVOICE PROCESS











### **SESSION 2: DAILY STRESSORS – SCHOOLING**



Because of how far school is it makes us stop school so it happened that because we are doing nothing at home the end result is ...starting marriage while you are still young.

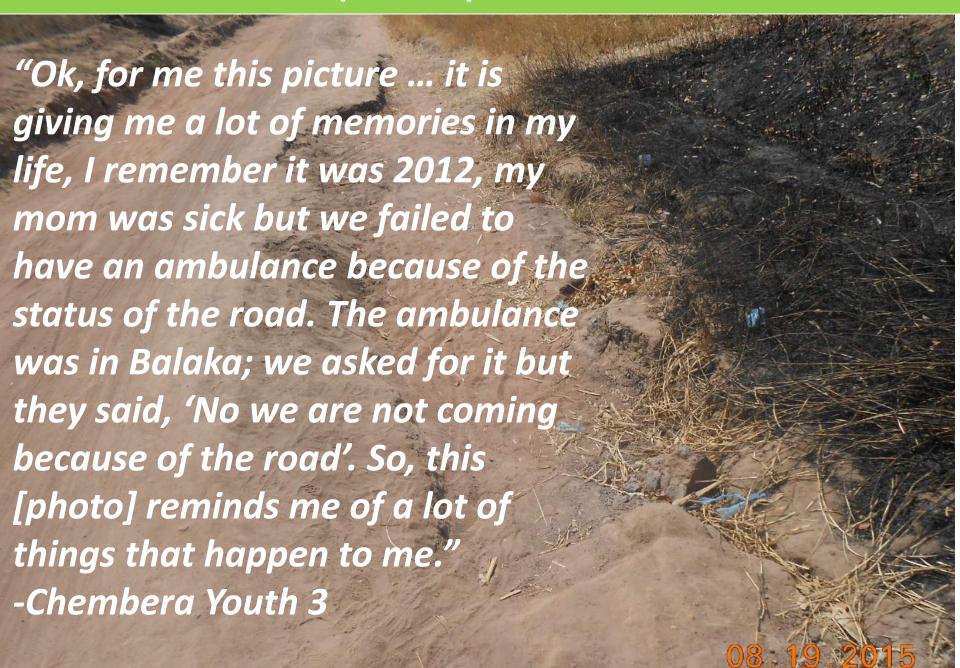
-Malangwinjo Youth 4

### **SESSION 2: DAILY STRESSORS – SCHOOLING**



... we tell the children that we will just eat in the afternoon because there is not enough maize flour. The child is supposed to take porridge in the morning before going to school. So if the child goes to school without eating, his mind is on 'when will it be 12 o'clock so that I should go home?' The results is that the child is repeating the same class for 4 or 5 years. – Malangwinjo, Adult 4

#### SESSION 3: SHOCKS (YOUTH) - RAINS DESTROYED ROADS



### SESSION 3: SHOCKS (ADULT) – HEALTH CRISIS



When you get sick everything stops. There is nobody who can work...even when you go to register a contract you can't do it when you are sick. Which means the whole family will be in big problems.

- Chembera Adult 5

#### Conclusions

- Photovoice is a successful method for understanding participant experiences with a topic
- Adaptable to context and topic under evaluation
- Productive way of encouraging open conversation for both caregivers and youth



